



OCTOBER 2020

Elementary

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
368 Plain Bagel 753 Orange Juice 609 Dole Mixed Fruit Cup Pre-K: 346 Cinnamon Toast Crunch Cereal	309 Apple Jammer 659 Watermelon Craisins 748 Grape Juice Pre-K: 339 Orange Cranberry Muffin	334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 331 Corn Muffin	329 Trix Cereal Bar 690 Apple Crisps 749 Apple-Cherry Juice Pre-K: 349 Corn Chex	328 Chocolate Chip Muffin 684 Mixed Berry Applesauce 750 Apple Juice Pre-K: 332 Apple Cinnamon Muffin
325 Cinnamon Chex Cup 659 Watermelon Craisins 749 Apple-Cherry Juice Pre-K: 345 Honey Scooters	323 Apple Cinnamon Muffin 691 Strawberry Apple Crisps 748 Grape Juice Pre-K: 335 Banana Muffin	366 Blueberry Bagel 699 Strawberry Cup 753 Orange Juice Pre-K: 343 Rice Chex	321 Banana Muffin 658 Cherry Craisins 750 Apple Juice Pre-K: 366 Blueberry Bagel	350 Apple Cinnamon Cheerios Cereal Bar 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup Pre-K: 331 Corn Muffin
359 Honey Scooters Cereal 684 Mixed Berry Applesauce 749 Apple-Cherry Juice Pre-K: 342 Cheerios	334 Cinnamon Toast Crunch Cereal 699 Strawberry Cup 750 Apple Juice Pre-K: 330 Blueberry Muffin	328 Chocolate Chip Muffin 670 Fresh Fruit 659 Watermelon Craisins Pre-K: 306 Apple Baked Frudel	323 Apple Cinnamon Muffin 749 Apple-Cherry Juice 690 Apple Crisps Pre-K: 339 Orange Cranberry Muffin	322 Blueberry Muffin 684 Mixed Berry Applesauce 752 Fruit Punch Juice Pre-K: 347 Cinnamon Chex Cereal
323 Apple Cinnamon Muffin 749 Apple-Cherry Juice 659 Watermelon Craisins Pre-K: 367 Cinnamon Raisin Bagel	366 Blueberry Bagel 609 Dole Mixed Fruit Cup 748 Grape Juice Pre-K: 349 Corn Chex	334 Cinnamon Toast Crunch Cereal 750 Apple Juice 697 Bagged Sliced Apples Pre-K: 335 Banana Muffin	368 Plain Bagel 691 Strawberry Apple Crisps 752 Fruit Punch Juice Pre-K: 345 Honey Scooters Cereal	321 Banana Muffin 647 Dole Mandarin Orange Cup 748 Grape Juice Pre-K: 330 Blueberry Muffin
368 Plain Bagel 753 Orange Juice 609 Dole Mixed Fruit cup Pre-K: 343 Rice Chex	309 Apple Jammer 659 Watermelon Craisins 748 Grape Juice Pre-K: 368 Plain Bagel	334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 339 Orange Cranberry Muffin	329 Trix Cereal Bar 690 Apple Crisps 749 Apple-Cherry Juice Pre-K: 346 Cinnamon Toast Crunch Cereal	328 Chocolate Chip Muffin 684 Mixed Berry Applesauce 750 Apple Juice Pre-K: 331 Corn Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.