




# NOVEMBER 2020

## Elementary

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
368 Plain Bagel <b>2</b> 753 Orange Juice 609 Dole Mixed Fruit Cup  Pre-K: 346 Cinnamon Toast Crunch	309 Apple Jammer <b>3</b> 659 Watermelon Craisins 748 Grape Juice  Pre-K: 339 Cranberry Orange Muffin	334 Cinnamon Toast Crunch Cereal <b>4</b> 752 Fruit Punch Juice 670 Fresh fruit  Pre-K: 331 Corn Muffin	329 Trix Cereal Bar <b>5</b> 749 Apple-Cherry Juice 690 Apple Crisps  Pre-K: 349 Corn Chex Cereal	328 Chocolate Chip Muffin <b>6</b> 684 Mixed Berry Applesauce 750 Apple Juice  Pre-K: 332 Apple Cinnamon Muffin
325 Cinnamon Chex Cup <b>9</b> 749 Apple-Cherry Juice 659 Watermelon Craisins  Pre-K: 345 Honey Scooters Cereal	323 Apple Cinnamon Muffin <b>10</b> 691 Strawberry Apple Crisps 748 Grape Juice  Pre-K: 335 Banana Muffin	366 Blueberry Bagel <b>11</b> 699 Strawberry Cup 753 Orange Juice  Pre-K: 343 Rice Chex Cereal	321 Banana Muffin <b>12</b> 658 Cherry Craisins 750 Apple Juice  Pre-K: 366 Blueberry Bagel	350 Apple Cinnamon Cheerios Cereal Bar <b>13</b> 608 Dole Tropical Fruit Cup 752 Fruit Punch Juice  Pre-K: 331 Corn Muffin
359 Honey Scooters <b>16</b> 684 Mixed Berry Applesauce 749 Apple-Cherry Juice  Pre-K: 342 Cheerios	334 Cinnamon Toast Crunch Cereal <b>17</b> 699 Strawberry Cup 750 Apple Juice  Pre-K: 330 Blueberry Muffin	328 Chocolate Chip Muffin <b>18</b> 659 Watermelon Craisins 670 Fresh Fruit  306 Apple Baked Frudel	323 Apple Cinnamon Muffin <b>19</b> 690 Apple Crisps 749 Apple-Cherry Juice  Pre-K: 339 Cranberry Orange Muffin	322 Blueberry Muffin <b>20</b> 684 Mixed Berry Applesauce 752 Fruit Punch Juice  Pre-K: 347 Cinnamon Chex Cereal
323 Apple Cinnamon Muffin <b>23</b> 659 Watermelon Craisins 749 Apple-Cherry Juice  Pre-K: 367 Cinnamon Raisin Bagels	366 Blueberry Bagel <b>24</b> 609 Dole Mixed Fruit Cup 748 Grape Juice  Pre-K: 349 Corn Chex Cereal	334 Cinnamon Toast Crunch Cereal <b>25</b> 697 Bagged Sliced Apples 750 Apple Juice  Pre-K: 335 Banana Muffin	<b>26</b> <b>Happy Thanksgiving</b>	<b>27</b> <b>Happy Thanksgiving</b>
 <b>30</b>				

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.